# **Employee Assistance Program (EAP)**

## The Support





All staff (including you!) and their family members have access to:

- E,, > ===, . .



### For you

As a plan administrator or business owner, you have access to:

- A A ..., , , 1
- D<sub>2</sub>, , >•n . , . •n . , . .

### The Steps



#### Reach out.

2

#### Share.



### Book a session.



